



Tidings

October 2011 Volume 67, Issue 2



A Letter from Our President

Toni Lee-Andrews

Dear Juniors,

Hello to all! I am looking forward to us doing great things this club year! Several motions have been made and sent to you via email as we did not have a quorum at our last meeting. We have so many opportunities to volunteer; let's get out there and do it!

The craft show is less than a month away! That's hard to believe! Time is just flying by. Remember to sell ads and patron tickets; these are due at the October meeting. At that point, the show is right around the corner! It's also time to sign up to work shifts and bake. Your help is needed on the Friday night before the show as well. Please go to our website and sign up for shifts (www.gfwchopewelljuniors.org); there are many vacant spaces still on there! Bring your family and friends; I know that if we all pull together we can do it! Thanks so much to those who have already put in countless hours to make this event our best yet! We will have a craft show meeting immediately following our regular meeting this month.

Please bring a guest to the October meeting. Share with someone the great things that Juniors do! October is Junior month, so dress down and wear your junior attire. The International Outreach Chair will have our program for the meeting. With all of this going on, you and your guests will have a great time!

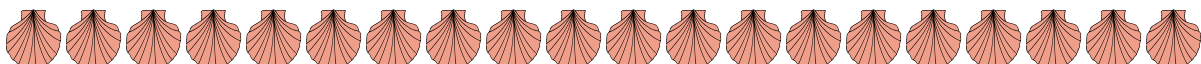
Southside District fall meeting is October 22nd in Wakefield. Thanks to those members who are planning to attend. It will be a fun and informative time.

Thank you for all that you do for this club. Thank you for volunteering. "No one is more cherished in this world than someone who lightens the burden of another" (author, unknown).

I look forward to seeing you on the 24th at 7pm!

In Junior Love,

Toni



First Vice President - Sheila Ridout

What a busy month October is! Thanks to the members who attended the **State Fair of Virginia** as Educational Exposition volunteers and to those who will be attending the **Southside District Fall Meeting**. It was a great day for the Fair, and I anticipate that the SSD meeting will be great, too. I know that it's a little early, but do consider taking time out to attend the SSD Spring Meeting on March 17th in Wakefield and the GFWC Virginia Convention (April 20-22) in Richmond. You'll learn, be inspired, meet great people, and come home with a better sense of how we fit into the GFWC picture.

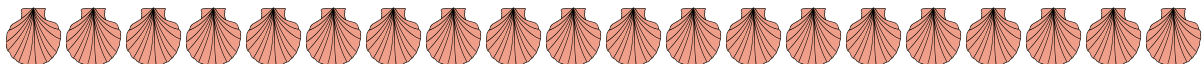
October is **Domestic Violence Awareness & Prevention Month**. Domestic Violence Awareness & Prevention is the **GFWC Signature Project**. Abuse comes in scary numbers:

- One in every four women will experience domestic violence in her lifetime and 85 percent of domestic violence victims are women. One in four girls will experience sexual abuse before the age of 18.
 - One in four teens reports verbal, physical, emotional, or sexual abuse each year and about one in five high school girls has been physically or sexually abused by a dating partner.
 - One in nine Americans over the age of 60 have experienced some form of elder abuse. For every one case of elder abuse reported to authorities, at least five more go unreported.
 - Each year, women experience about 4.8 million intimate partner related physical assaults and rapes. Men are the victims of about 2.9 million intimate partner related physical assaults.
 - Intimate partner violence resulted in 1,510 deaths in 2005. Of these deaths, 78 percent were females.
 - The medical care, mental health services, and lost productivity (e.g., time away from work) cost of intimate partner violence was an estimated \$5.8 billion in 1995. Updated to 2003 dollars, that's more than \$8.3 billion.
 - A woman is battered every 9 seconds.
 - Sexual assault is the most under-reported crime in the world.
 - More than 1 million women are stalked each year in the U.S.
- (statistics taken from GFWC Signature Project objectives and from www.thejameshouse.org)

Our club has long supported **The James House** in Hopewell through monetary donations, working to spruce up the house, and donations of pampering bags for clients of the House. Since 1989, The James House "has been committed to providing comprehensive, cost-free services for people who have been affected by sexual violence, domestic violence, and stalking." Their services include a 24-hour crisis line, emergency shelter, court and hospital accompaniment, safety planning, private counseling, support groups, case management, a resource library, transitional services, food vouchers, emergency pet placement, and referrals to community resources. For more information on the organization, visit www.thejameshouse.org.

One new project GFWC is endorsing is the **Sock Project**. Through the project, clubs collect new socks to be donated, along with a note of encouragement, to victims of domestic violence. I will be proposing that we collect new socks throughout the year to be donated to The James House

October is also **Junior Month** – a time for celebrating! In recognition of the month, we traditionally take the month to dress "down" – so instead of your more "formal" business attire, pull out your Juniors shirt & jeans (or if you don't have anything "Juniors", wear our club colors of green and white).



Education Chairman – Sheila Ridout

What do Thomas Edison, Albert Einstein, Walt Disney, George Patton, and Winston Churchill have in common?

They're all thought to have suffered from learning disabilities. October is **Learning Disabilities Awareness Month** and a time where people pay special attention to children and adults with learning disabilities. Reading Rockets, a GFWC featured resource, is a national multimedia project offering information and resources on how young kids learn to read, why so many struggle, and how caring adults can help. The **Reading Rockets** website (www.ReadingRockets.org) is a great resource for teachers and parents. You'll find great tips, activity sheets, book lists, reading guides, classroom strategies, nationwide directories, information on organizations that advocate for those with learning disabilities, and more.

The Reading Rockets website is also a great source of information on learning disabilities. Learning disabilities are generally broken down into specific types: dyslexia (reading problems), dysgraphia (writing problems), dyscalculia (math problems), executive function difficulties (problems with organization), and ADHA (trouble regulating attention). From a link on the website you can learn what a learning disability is, the different types, and the causes.

Another link to www.sparktop.org allows kids with learning disabilities (or who learn differently) a place to create, play games, connect with other kids, and discover new ways to succeed in school and life.

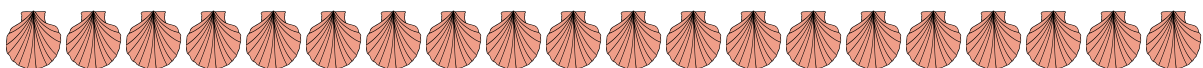
Learning disabilities affect regardless of gender, race, religious or political affiliation, social or economic classes. Learning disabilities can be diagnosed at any age – including into adulthood. Many famous people have learning disabilities: actors Danny Glover, Whoopi Goldberg, Orlando Bloom, & Tom Cruise, swimmer Michael Phelps, investment banker Charles Schwab, designer Tommy Hilfiger, entertainers Cher and Jewel, to name only a few. The Reading Rockets website includes links to a number of inspirational stories about individuals with learning disabilities including one entitled [The World's Greatest Underachiever](#) where actor and author Henry “The Fonz” Winkler talks about how dyslexia impacted his school years.

The next time you look at a child as an underachiever, consider the idea that he or she may have a learning disability. It is never too late to be diagnosed, and think about how much brighter the future will be once the problem is recognized and addressed.

Have a great weekend – see you on Monday!

Conservation – Stephanie Griffin

Please be thinking about a street cleanup date in November. We will schedule the date at the meeting.



Leadership – Angela Paez

Communication is key to any relationship, whether it be with your siblings, spouse or fellow Clubwoman. We've all been guilty of miscommunication. The important piece of this puzzle is understand that we all make mistakes, and to learn from them. So, what kind of communicator are you? Go to http://www.mindtools.com/pages/article/newCS_99.htm to find out!

BUT, we will answer this one question at our meeting:

Which one best describes you?

A. I'm a "hands-on" person. I tend to:

prefer hands-on experiences and activities; focus on tasks to be done; refrain from discussions; think in a logical and organized way; do things in an orderly way; have difficulty adjusting to change.

B. I'm a "thinker." I tend to:

enjoy listening to a logical presentation of ideas; enjoy analyzing problems and finding systematic ways to solve problems; enjoy creating models based on theory and information; like structure and organization; act slowly in making decisions; show more interest in ideas than people.

C. I'm an "explorer." I tend to:

try things by trial and error; explore practical uses for ideas and theories; make decisions that provide quick solutions; decide quickly; take risks; enjoy change; rely more on people for information.

D. I'm a "free thinker." I tend to:

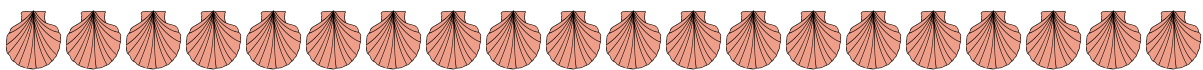
base views and opinions on feelings; enjoy tossing around ideas (brainstorming); approach and view problems and experiences from different perspectives; rely on intuition, not logic, for making decisions; dislike structure.

We will so learn so much about each other from just answering this one question!

A few notes about last month. The leadership quiz will be available online. Just go to the members only section and print it off. Must get an 80%, but I know that all of you will strive for that 100%. Let me give you some hints: Did you know that the GFWC VA President is Hope Royer, whose symbol for the year is a watch/time piece. Her State Project is Take Time to Save a Child. The symbol for this project is a pinwheel. Our Director of Junior Clubs for our State has a theme as well, "Virginia Juniors- A TEAM of Volunteers!" Can you guess her symbol? What about the theme of our District President and Junior Director? Hint: Del likes quilts and Angela likes trees⇒). I highly recommend you look at www.gfwc.org or www.gfwcvirginia.org for more quiz answers!

The cards handed out last month are your STARFISH cards. By completing 5 of these tasks, you will be able to earn your starfish by the end of the year! AND each month, I will recognize someone for their strong leadership ability....is it you?

See you all soon!



International Outreach – Lori Chevalier

World Food Day

October 16th was World Food Day. Please bring a food donation to our meeting Monday night. The Hopewell Food Pantry has already provided food to families this year that they provided last year, and there are still 3 months to go. They are estimating they will provide food to 10,000 families this year. Every can and box helps them.

Operation Christmas Child

It's time to fill a shoe box or a plastic shoe box for children around the world. Going to the dollar store and picking up items is fun, especially when you go with someone else. Details for the items to include and the labels are included in this newsletter or you can go to the website at:

<http://www.samaritanspurse.org/pdf/PackABoxwithLabels.pdf>

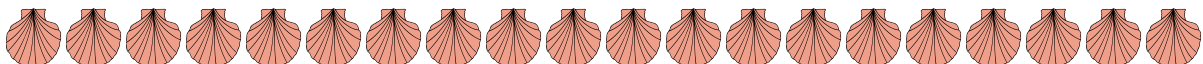
If you are interested in where your donated box(es) go, you can donate the \$7.00 per box online and receive a barcode label to affix to your box. Then you can track where your box(es) are going.

Collection week is November 14-21. You can bring them to the craft show and I will deliver them or you can take them directly to a drop off site. Just let me know how many, if you do drop them off yourself. The 2 closest collection sites are: First Baptist Church in Hopewell and Covenant Christian Fellowship in Colonial Heights.

See page 6 for more information

Communications – Nicole Hancock

This is just a reminder for those that have not submitted articles. My email address is nhancock@pgs.k12.va.us. If you cannot get an article to me by Sunday, please let me know and I can try to fit it in after the deadline. Remember, it doesn't hurt to ask!



How to Pack a Shoe Box Gift

1

SHOE BOX

Use an empty shoe box (standard size, please) or a small plastic container. You can wrap the box (lid separately), but wrapping is not required.

PRAY for the child who will receive your special gift.

2

BOY OR GIRL?

Determine whether your gift will be for a boy or a girl and the child's age category: 2-4, 5-9, or 10-14. Print out the appropriate boy/girl label shown below. Mark the correct age category on the label, and tape the label to the top of your box.

3

FILL WITH GIFTS

Fill the box with a variety of gifts that will bring delight to a child.

Use the Gift Ideas List

4

INCLUDE YOUR DONATION

Please donate **\$7** or more for each shoe box you prepare to help cover shipping and other project costs.* You can give online, or you can write a check to Samaritan's Purse (note "OCC" on memo line) and place it in an envelope on top of the gift items inside your box. If you or your family are preparing more than one shoe box, please make one combined donation.

It's easy and convenient to give online. Go to www.samaritanspurserg.org/occ.

5

DROP OFF

Place a rubber band around each shoe box and lid and drop off at the Collection Center nearest you in mid-November.

For locations and dates, call 1-800-253-5949, or visit www.samaritanpurserg.org/occ.

You can also send your shoe box gift to: Samaritan's Purse/Operation Christmas Child, 801 Bamboo Road, Boone, NC 28607



Gift Ideas:

TOYS

small cars, balls, dolls, stuffed animals, kazoots, harmonicas, yo-yos, jump ropes, small Elch A Skatch®, toys that light up or make noise (with extra batteries), Slinky®, etc.

SCHOOL SUPPLIES

pens, pencils and sharpener, crayons or markers, stamps and ink pad sets, writing pads or paper, solar calculators, coloring and picture books, etc.

HYGIENE ITEMS

toothbrush, toothpaste, mild bar soap (in a plastic bag), comb, washcloth, etc.

OTHER

Hard candy and lollipops (please double bag all candy), mints, gum, T-shirts, socks, ball caps, sunglasses, hair clips, toy jewelry, watches, flashlights (with extra batteries)

A PERSONAL NOTE

In a separate envelope, you may enclose a note to the child and a photo of yourself or your family. (If you include your name and address, the child may write back.)

Do Not Include:

Used or damaged items; war-related items such as toy guns, knives or military figures; chocolate or food; liquids or lotions; medications or vitamins; breakable items such as snowglobes or glass containers; aerosol cans

*The suggested donation has increased due to higher shipping costs and expanded evangelistic outreach. This is the first increase since the project began 17 years ago.

Shoe Box Labels

Mark the correct age category:			<h1>BOY</h1>	
<input type="checkbox"/>	2-4 Years Old			
<input type="checkbox"/>	5-9 Years Old			
<input type="checkbox"/>	10-14 Years Old			
Mark the correct age category:			<h1>GIRL</h1>	
<input type="checkbox"/>	2-4 Years Old			
<input type="checkbox"/>	5-9 Years Old			
<input type="checkbox"/>	10-14 Years Old			

Treasurer – Stephanie Griffin

GENERAL BEGINNING BALANCE			\$ 2,121.28
<u>Add Receipts/Fund Transfers:</u>			
	Transfer from W&M - 2010 Craft Show Food Booth Profit	\$ 857.64	
	Transfer from W&M - 2010 Craft Show Vendor Profit	750.00	
	Interest 8/06/11 - 9/07/11)	0.43	
10/17/11	Deposit - Dues (11 @ \$45.00)	495.00	\$ 2,103.07
<u>Deduct Disbursements:</u>			
10/7/11	4360 SSD Juniors - Registration & Lunch (Federation Expense)	\$ 48.00	\$ 48.00
GENERAL ENDING BALANCE			\$ 4,176.35
WAYS & MEANS BEGINNING BALANCE			\$ 5,152.68
<u>Add Receipts:</u>			
9/30/11	Deposit - Craft Show	\$ 2,760.00	
	Craft Show - Vendors	2,615.00	
	Craft Show - Ads	145.00	\$ 2,760.00
<u>Deduct Disbursements/Fund Transfers:</u>			
	Transfer from W&M - 2010 Craft Show Food Booth Profit	\$ 857.64	
	Transfer from W&M - 2010 Craft Show Vendor Profit	750.00	
09/26/11	#4357 Shelia Ridout	292.09	
	Craft Show Vendors	187.86	
	Publicity	104.23	
09/27/11	#4358 James Madison University - 2011 HHS 1/2 Scholarship (Education)	500.00	
09/27/11	#4359 Virginia Tech University - 2011 Tri City Scholarship (Education)	500.00	\$ 2,899.73
WAYS & MEANS ENDING BALANCE			\$ 5,012.95
COOKBOOK BEGINNING BALANCE			\$ 1,905.83
<u>Add Receipts:</u>			
9/30/11	Deposit	\$ 60.00	\$ 60.00
<u>Deduct Disbursements:</u>			
			\$ -
COOKBOOK ENDING BALANCE			\$ 1,965.83
RECONCILIATION OF CASH			
BEGINNING BALANCE - Checking Account			\$ 9,179.79
Add Receipts			4,923.07
Deduct Disbursements			2,947.73
ENDING BALANCE - Checking Account			\$ 11,155.13

Treasurer – Stephanie Griffin

<u>FUND BALANCES</u>							
GENERAL							\$ 4,176.35
WAYS & MEANS							5,012.95
COOKBOOK							1,965.83
<u>TOTAL</u>							<u>\$ 11,155.13</u>
 <u>BB&T CD Balance</u>							<u>\$ 3,500.00</u>
 <u>WAYS & MEANS ENDING BALANCE</u>							<u>\$ 5,012.95</u>
<u>Outstanding Disbursements (Earmarked Funds)</u>							
Prize for Junior FUN Night 2011 Convention (1st VP)					30.00		
2011 HHS Scholarship - 2012 Spring (Education)					500.00		
							<u>\$ 530.00</u>
 <u>SPENDABLE WAYS & MEANS FUNDS</u>							<u>\$ 4,482.95</u>
 ***Note: Outstanding Disbursements may change when conformation is made my Madam President that motions made at September 24th meeting have passed.							