

Tidings

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March 2011

Amanda Myton, Editor

A Letter From Our President Angela Paez

Happy March, Ladies!

I hope that St. Patrick was good to you and brought you good fortune this month. With Spring beginning on the 21st, I think that it's time that we did a little spring cleaning ourselves. Tammy, I'm sure, is looking forward to our next yard sale, but in the meantime, if you have winter coats that you would like to be rid of, bring them to our business meeting on the 28th. The Hopewell Jaycees are collecting winter coats and will clean them for the next winter season.



As we did not have a Board meeting this ***\$5 gas cards*** month, please read through your Tidings this month for any possible motions. We will also be voting on our Revisions this month, so please make sure that you read the original text in our Constitution, Bylaws and Standing Rules along with the proposed revision...it is very important that you make your voice and your vote count.



Also, this month, we will vote on our for the 2011-2012 Executive Board:

President*: Toni Lee-Andrews
1st Vice President* : Sheila Ridout
2nd Vice President: Denise Price
3rd Vice President: MK Owen
4th Vice President: Tammy Collins
Treasurer*: Stephanie Griffin
Historian: Lori Chevalier
Secretary: Melissa Brewer



There will be a good deal of voting at the March meeting, so please make sure that you read through Tidings...it'll make the meeting go faster!

And there will be a good deal of eating at the March business meeting. If you are unsure what you signed up to bring, please contact Sheila Ridout. See you next week!

In Junior love,
Angela Paez

hopewelljuniors@yahoo.com
<http://www.gfwchopewelljuniors.org>

3rd VP Sheila Ridout

Ahhh! Spring at last! Unfortunately, I hear that the warm weather is not here to stay. I hope that you're all up for a little fun at the March Business Meeting. We're going to play BINGO during dinner at the March meeting. Everyone is welcome to play, but if you'd like to win a prize, then bring an unwrapped gift/basket/grouping worth at least \$5. Everyone who brings a prize will win a prize (the earlier you win, the better the choice of prizes). Dinner will begin at 6:00 p.m. in the dining room at First Baptist; we'll give everyone a chance to get their plates and start playing about 6:15 p.m. Guests are welcome to join us for dinner and BINGO, but the meeting is closed to guests, so please advise them that they'll have to leave once the meeting starts.

Sign-ups for dinner include (I think everyone is signed up, but if not, fill in where you think it's needed):

Main Dish: Tammy, Denise (chicken), Jennifer (baked spaghetti), Christine (chicken pot pie)
Side: MK (pasta salad), Melissa (tomato canapes), Becka (broccoli casserole), Angela,
Dessert: Nicole, Christy, Carrie
Bread: Ruthie

Don't forget to check your calendar for GFWC VA 2011 Convention in Richmond over the last weekend of April. More details on the weekend will follow, but it's a great way to meet other clubwomen from across the state of Virginia. There's going to be a special club & district marketplace, a BINGO fun night with a chance to win Vera Bradley, Longaberger, & jewelry, an afternoon tea with a toast in honor of the newlyweds William and Kate, and hopefully a chance to hear our name announced a few times during the presentation of awards. You don't have to stay for the entire weekend, but do think about attending. Attending upper level meetings really does enhance your membership.

Please mark your calendars for upcoming membership/social events. Of course, any membership event is a prime opportunity to invite prospective members to join us!!!

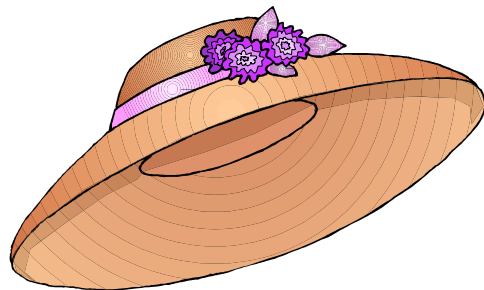
Easter Egg Hunt: Saturday, April 23rd, location TBA (each member is asked to provide a dozen filled eggs per child that you're bringing, the club will also add some; you can bring to the March meeting or get to me prior to the 23rd; if anyone has a collection of extra eggs stashed somewhere that they'd like to contribute, we can use them, too)

Easter Bonnet contest: start thinking about your perfect Easter bonnet for our parade of hats at the April meeting

"Giving Tea" - tentatively set for May 15th (awaiting confirmation on The Barn)

I'm also planning on moving to allot some funds in recognition of Volunteers in Action Week. In the past few years we've done a mini-project in each of our program areas all on the same day (visited the fire departments with goodie baskets, packed boxes for the troops, packed boxes for the food pantry, tied blankets for Operation Smile, potted plants to be taken to the nursing home & shut-ins...), and last year we used the funds to also supplement what was collected at our Giving Tea. As in the past years, we'd get together (in June) to assemble and distribute the items. Again, another prime opportunity to involve others and show others some of what we do.

Looking forward to seeing you on Monday! Get ready to BINGO!



Public Health Melissa Brewer

No Phone Zone

Driving is an activity that requires full attention and concentration and a task for which many of us take for granted each day. While traveling to and from work, errands, or the gym we are writing to do lists, applying lipstick, changing the radio station, and using our cell phones. The National Highway Traffic Administration reports that 16% of all fatal crashes are caused by distracted driving. In an effort to prevent some of these crashes, twenty-eight states have banned the texting while driving. Seven states have also realized the dangers of talking on the phone while driving and have banned the use of hand held phone use behind the wheel. According to the No Phone Zone organization established in part by Oprah, the risk of causing an accident goes up 400% if you are talking on the phone while driving and by 800% if you are texting. Car and Driver magazine conducted a study by rigging a car with a red light to alert drivers when to brake, and tested how long it takes to hit the brake when sober, when legally drunk at .08, when reading and e-mail, and when sending a text. Editor Eddie Alterman drove a car 70 miles an hour when sober, when legally drunk at .08, when reading and e-mail, and when sending a text on an air strip to test reaction and brake time with the results at follows: Unimpaired: .54 seconds to brake; Legally drunk: add 4 feet;



Reading e-mail: add 36 feet; Sending a text: add 70 feet. While there is still little research to support whether texting while driving cause more car crashes, Oprah is asking the country to take precaution anyway. She has launched the No Phone Zone program and is urging all Americans to sign the pledge online. Drivers can choose to drive more responsibly by not texting while driving or talking on the phone at all, not texting and using only hands free devices while making calls in the car, or not texting and pulling over to a secure location when making a call. I am one of the more than 422,000 people who have already signed the pledge. For more information or to sign the pledge, go to <http://www.oprah.com/packages/no-phone-zone.html>

A Special Note

Ladies,

Thank you so much for your concern with my Mom this month. She is doing better, but the doctors did find a second tumor near her breathing tube, which was making it more difficult for her the breath. Accompanied with a lot of fluid around her lungs and heart, she literally felt like she was choking. Now, she has done one round of chemo, with two more waiting in the wings. They cannot do radiation, as the area already had been hit with her previous rounds. An operation is not in the plans, due to the placement of the tumor near the tube and heart and its proximity to blood vessels, etc. But, Praise God, she has gotten to the point where she only wears her oxygen at night. So again, thank you for your concern and prayers, and I will continue to keep you updated!

In Junior Love,
Angela

Communications Amanda Myton

Dear Juniors,

This is more of a personal note rather than an official report, but I wanted to thank you all for the fun that I've had as a Hopewell Junior.

As some of you know, my husband has accepted a new job in Tennessee and we have since moved. I'll be around for the rest of the club year to finish up Tidings and to continue to maintain the website. I'm looking forward to our new Communications Chairwoman being able to maintain the new changes and I promise to be available by phone and email to continue to serve as "tech support."

My work schedule continues to be very busy, but I will be back and forth to Hopewell as we put our house on the market (don't hesitate to send any house-hunters my way!) and especially since we have family and friends in the area. I'm going to try my best to make it to banquet provided that my work schedule allows.

Please keep in touch via email, text, or facebook. If there's technology involved, you know I won't be too far. ☺

In Junior Love,
Amanda
almyton@gmail.com

Upcoming Events

» March 28

6:00
1st Baptist
March Business Meeting & Potluck

» April 14

7:00
Board Meeting

» April 23

TBA
Easter Egg Hunt

» April 25

6:00
1st Baptist
March Business Meeting & Potluck

» April 29

The Westin
Richmond, VA
GFWC VA Convention

Full calendar of events at:
<http://gfwchopewelljuniors.org/club/events/>