

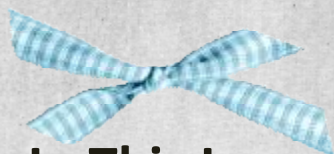
GFWC Junior Woman's Club of Hopewell

P.O. Box 932

Hopewell, VA 23860

hopewelljuniors@yahoo.com

<http://GFWCHopewellJuniors.org>



In This Issue

President's Message	1
Upcoming Dates	1
1 st Vice President	2
Public Affairs	2
Leadership	3
Bring to Meeting!	3
Social	4
Home Life	4
Correspondence	4
Arts	5

Creating Memories Through Volunteering





Tidings

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Volume 65, Issue 7 February 2010 Amanda Myton, Editor



Upcoming Dates

February

19 – Dinner Brickhouse Run, 6:30

22 – Leadership Workshop, 1st Baptist Church, 6:15

22 – Regular meeting 1st Baptist Church, 7:30

March

19 – Southside District Spring Meeting – Wakefield

From the Desk of Your President -Lori Chevalier

Dear Juniors:

February! Wow, where has the club year gone to? We have two very important committees meeting before our next regular meeting – Nominations and Revisions. Tammy and Jennifer are hard at work and will present their reports on the 22nd. I strongly encourage each of you to be at the February meeting so you can hear their reports. Of course, we won't take any actions on their reports until our Annual Business meeting in March. If you receive a call from Tammy or the Nominating Committee, first, think it over and then say YES! You can do the job and all of us are here to help you! Also, if you have any revisions you would like to see to our Constitution, Bylaw or Standing Rules, send them to Jennifer as soon as possible.

Are you tired of the snow and need to get out, enjoy some adult company? Well, Angela has planned the perfect get together! Come join us at The Brickhouse on Friday, the 19th at 6:30 p.m. Call Angela for any additional details you may need or to reserve your spot.

Remember to come at 6:15 on the 22nd. Sheila is presenting a Leadership workshop before our regular meeting. Bring your dinner with you. I'm sure you won't want to miss out on this learning opportunity.

Always remember to check the upcoming dates and Items to Bring lists. These are constantly being updated as new projects are being approved and additional items added to the list.

Mark your calendars now so you can attend Spring District meeting on March 20th in Wakefield. Our club has the distinct honor of having four members who have agreed to serve in district positions. Angela as Southside District Third Vice President/Director of Junior Clubs; Denise Price as Assistant Director of Junior Clubs; Stephanie Griffin as Junior Secretary/Treasurer and Sheila Ridout as District Treasurer. Congratulations ladies! So, let's show them our support by attending the meeting.

-Lori



Creating Memories Through Volunteering

1st Vice President – Angela Paez

Our Spring SSD meeting will be held on March 27. If you are interested in attending, please let me know at the February meeting. Our new SSD Junior Director may call on you to assist with district chairmanships. Please give her the courtesy of considering the position, should she call on you. SSD Juniors have voted to sell small totes with the GFWC emblem on them for a fundraiser. I will ask the club to help front the financials to the district (very similar in years past), so please attend and ask questions.

Public Affairs/Safety – Nicole Hancock

I'm going to send a Care Package to Afghanistan after the February meeting. Please consider bringing the following items to the meeting:

- snack items (crackers, canned tuna, etc.)
- lotion
- magazines (used or new)
- greeting cards (from the January meeting)

My step-father, Robert Lemburg, can distribute these items to his unit that is stationed at FOB Sharana in the Paktika Province of Eastern Afghanistan. The soldiers will greatly appreciate any items that we can send them.



Also, don't forget to bring in used eyeglasses and cell phones. I plan on turning in these items in May. Finally, please remember to look for items for Sew Much Comfort. I plan to mail these items in May also. So far, I only have some t-shirts to send. The chart below will give you a selection of things to turn in for this program. Please remember that all items must be new.

Basketball shorts and Boxers (woven cotton or flannel)	M, L, XL, XXL
T-Shirts: purchase only heavy weight cotton or cotton blend. <i>No undershirt type, as they are not sturdy enough. Solid colors: navy, black, grey, olive green, khaki Prints; military logo, sport teams, hunting, western, bands Current style (year) only</i>	M, L, XL
<i>Long sleeve t-shirts same types as above</i>	M, L, XL
<i>Sweatshirts - crew neck style: colors navy, black, grey and olive green</i>	
PJ bottoms are in great demand	L, XL, XXL
Fabric Needs:	
• Pants: woven shirting (like store bought PJ's) in masculine plaids or stripes. Flannel; black gray, navy, brown, dark or olive green. Twill; tan/khaki, black, navy, gray or olive green for our dress pants. We require a minimum of 3 yards per pair of pants. Embroidery and emblems on garments (even patriotic themes) are <i>discouraged</i> .	

Leadership – Sheila Ridout

Hi everyone! I hope that you've been keeping warm. Are you as over this snow as I am? As you heard last month from Angela, every leader in our club (that means every one of you!) excelled and did a LOT of work during 2009 ~ thank you! As we head into the home-stretch of the year, we should continue to set new goals and not lose focus of what is important. One of the goals that we all need to set for ourselves is accepting responsibility for getting things done ~ it's an area that we can and *should* excel in. We all need to become actively involved, whether it's in life or in clubwork; you're not going to be able to do it all alone, but by taking the following steps, you can help to get the job done better and faster.

Bring to The Meeting

Tidings

Treasurer's Report

Cell Phones, Eyeglasses, and
Sew Much Comfort Items

Tissues

Sharpie Markers (felt-tip)

Soldier Care Package

Donations

Coupons

A Friend!

Take the Initiative ~ why stand around & wait for someone else to get things started? Roll up your sleeves & dig in!

Seek Help & Information ~ ask for advice if you need it; this encourages group involvement & helps accomplish group goals

Offer Help & Information ~ your unique knowledge & skills may be just what's needed

Make Things Happen ~ by being decisive, energetic, & enthusiastic, you can and will help get things done!

Know When & How to Say "No" ~ if your time & resources are already committed, it's okay to turn down extra tasks...but do it politely

(excerpted from GFWC's *How to Develop your Leadership Skills*)

In accepting responsibility for getting things done, we need to make sure to accept responsibility for the things we're doing ~ or not doing. If we have overextended ourselves or simply found that the job isn't as easy as we thought, it's **okay** to ask for help or to turn the reins over completely to someone else. Leaders know that being overwhelmed, not understanding a task, or not being able is not a bad thing. Not getting the job done because you didn't want to ask for help is. (Leaders also realize that the time to ask for help is before a deadline, not after.) As leaders, there will be times when the job we've done may not be up to par or we've dropped the ball completely; it's those times when we need to step up and take responsibility for our actions and shortcomings. In the long run you will gain more respect for accepting responsibility than you will for placing the blame elsewhere or not acknowledging the problem at all.

Mentors – please make sure to be in touch with your groups; it's through this contact that we increase leadership potential. Don't forget that our goal is to make at least 1 contact per month.

Social – Angela Paez

I have confirmed dinner at Brickhouse Run on Friday, February 19th at 6:30pm. If you cannot attend, please let me know as soon as possible. I'll have more information about our future activities at the meeting!



Correspondence

- Invitation from The Nathaniel Cawsey Garden Club
- Donation request from ChildFund
- Flyer from HHF on events for African American History Month
- Renewal Notice from Virginia Museum of Fine Arts

Home Life – Sheila Ridout

Hello fellow Juniors! I hope that each of you had a good Valentine's Day. Think about it – volunteering is a little like Valentine's Day all year long ~ sharing yourself and spreading a little bit of love to those who need it. Thank you for being so willing to give of yourselves!!!

The **March of Dimes (MOD)** is a focus organization of GFWC. MOD is a nonprofit, voluntary health organization committed to improving the health of babies by preventing birth defects and infant mortality. Franklin D. Roosevelt, formally founded the National Foundation for Infantile Paralysis (later renamed the March of Dimes Foundation) in 1938. FDR had contracted polio – largely a childhood disease - at the age of 39; in response he founded an association of health scientists and volunteers to help fund research for a polio vaccine and to assist victims on the long path through physical rehabilitation. The generosity of wealthy celebrities at yearly "President's Birthday Balls" could not keep pace with the funding needed to keep pace with the spread of polio, and so FDR turned his appeal to the general public for help. At one fundraiser, celebrity singer Eddie Cantor jokingly urged the public to send dimes to the president, coining the term "March of Dimes." The public took his appeal seriously, flooding the White House with 2,680,000 dimes and thousands of dollars in donations.

The MOD continued to lead lucrative fundraising campaigns that set the model for other health-related foundations. Funding for the development of an improved iron lung and research for a polio vaccine were among the contributions of the MOD. Today the organization's mission is "to improve the health of babies by preventing birth defects, premature birth, and infant mortality." Carried out through research, community services, education and advocacy to save babies' lives, MOD researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health: prematurity, birth defects, low birthweight." (excerpted from several internet sources, including www.history.com and www.modimes.org) I hope that you'll be interested in participating in a fun collection for MOD – a motion will be presented at the meeting.

Arts – Lori Chevalier

At our February meeting we will have our Arts Contest. The winners at the meeting will have their item(s) sent to the District Arts Contest. So, if you are a photography buff, make beautiful items with needles, write poetry or short stories, paint or do crafts – this is the time to share with others. Just a note though, the writing contest needs to be sent off by February 1. Let Lori know if you want to submit something for the writing contest. Below is a more detailed list of items and there are more categories under these! Looking forward to seeing some terrific items!

Painting, Photography, Digital Photography, Counted Cross Stitch, Crochet, Embroidery, Knitting, Needlepoint, Quilts, Sewing, Ceramics, Holidays, Jewelry, Paper, Pottery, Rubber Stamping, Shellcraft, Toile Painting, Weaving, Scrapbooks



Home Life – Sheila Ridout

Please check your calendars for Sunday, May 16th or Sunday, May 23rd. With several other things going on in May, those seem to be the days to choose from for our **“Giving Tea”**. I’d like to get a date on the calendar and plan to have a meeting in early March to go over details.

Our **Collection of the Month** is Sharpie markers (the original, regular felt tip – not the super fine tip) & tissues for Comfort Zone Camp (CZC). CZC is the nation’s largest bereavement camp for children ages 7-17 who have experienced the death of a parent, sibling, or primary caregiver, and operates on donations and grants; CZC campers attend free of charge. CZC’s mission is to “provide grieving children with a voice, a place, and a community in which to heal, grow, and lead more fulfilling lives.” Begun locally, camps are now held year-round in five states including Virginia and provide an environment where “grieving children can have fun and break the isolation death often brings, while learning valuable coping skills for their daily lives.” Healing circles, craft activities, and building friendships with others who have similar loss experiences are part of the unique CZC experience. CZC is an amazing organization founded out of personal loss and a desire to provide a healing experience for others. (excerpted from www.comfortzonecamp.org) During the course of camp, attendees sign t-shirts for each other (thus our Sharpie’s collection; Staples has a 5-pack on sale this week for \$1 if you are out that way).

